

# Potton Primary School Newsletter



Friday 11<sup>th</sup> September 2026

## From Miss Watts

Dear Parents/Carers,

This week we welcomed our new Early Years children in Robins and Ravens Class. The children are settling in well and it has been lovely to visit them during the week.

On Monday this week the children enjoyed an assembly by Rocksteady. From the sounds drifting down the corridor it seemed that children were enjoying themselves!

On Monday afternoon we held our OPAL Play Parent session. Thank you to all of you that were able to attend. It was really lovely to see the children outside with their parent/carers. I hope that all of those that came enjoyed it.

With OPAL Play in mind, we are now heading into the Autumn months and potentially beginning to experience more unsettled weather. Please could you send in a pair of named wellies for your child.

Finally, a polite request regarding parking on and around the school site. Please ensure you are parking safely and considerately when dropping off and collecting your children. Where at all possible please can you refrain from parking in the school carpark in the mornings to allow for staff to park when arriving into work for the day. This ensures that staff are able park easily and be in school to welcome the children in for the day.

Wishing you all a lovely weekend

Kindest Regards

Miss Watts  
Headteacher

## Awards Board



### Class Superstars



**Peacocks:** Archer  
**Mallards:** Dawson  
**Wrens:** Tyler  
**Hawks:** Piper  
**Swifts:** Heidi  
**Kingfisher:** Alice

**Puffins:** Phillip  
**Moorhens:** Reuben-James  
**Woodpeckers:** Arthur  
**Hérons:** Stevie  
**Starlings:** Charlie & Chloe  
**Kites:** Isla



### Tidy Toucan Award



Awarded to the class with the tidiest class:

**Peacocks**  
**Swifts**



### Neat Nightingale Award



Awarded to the class with the neatest cloakroom.

**Mallards**  
**Hérons**



### Smart Swallow



Awarded to the class with the smartest line.

**Woodpeckers**  
**Kingfishers**

## Whole School Attendance

**This Week:** 95.9%

**To date:** 94.5%

# Diary Dates

## Upcoming Dates for the diary....

**Non-Uniform Day** - Friday 25<sup>th</sup> September - Childhood Cancer Awareness Month - Wear yellow or gold. There will be a cake stall after school - please donate if you can.

**SEND Coffee Afternoon** - Wednesday 30<sup>th</sup> September - 2.00pm - Dyslexia Focus

**PTFA Colour Run** - Friday 9th October - 3:30 - 6pm

## SAVE THE DATE...

### Learn Together Afternoons

Sessions run 1:30 to 3pm

Year 6 = Tuesday 13th October

Year 5 = Wednesday 18th November

Year 4 = Tuesday 19th January

Year 3 = Tuesday 16th March

Year 2 = Wednesday 12th May

Year 1 = Monday 21st June

EYFS = Monday 5th July

### Sports Day

Years 1-6 Wednesday 19<sup>th</sup> May

EYFS Sports Day - Monday 5<sup>th</sup> July

### Performances

**EYFS Nativity** - Monday 7<sup>th</sup> December at 9:30am & 2:00pm

**Year 1 and 2 Carol Concert** - Monday 14<sup>th</sup> December at 2:30pm & Tuesday 15<sup>th</sup> December at 2.30pm

**Year 3 and 4 Performance** - Tuesday 8<sup>th</sup> December at 1.30pm & Wednesday 9<sup>th</sup> December at 9.30am

**Year 5 and 6 Performance** - Monday 12<sup>th</sup> July at 1:30pm & Tuesday 13<sup>th</sup> July at 9.30am

# Opal Play

Please see below for a list of items that we require for OPAL Play. If you are able to help with any donations they would be much appreciated.

## Potton Primary School Opal Donation List



### THINGS WITH WHEELS

SCOOTERS  
PEDAL GO KARTS  
PRAMS/PUSHCHAIRS  
SUITCASES  
WHEELBARROWS  
TYRES - BIKE OR VEHICLE  
TOY CARS  
TOY TRUCKS

### DIG ZONE



HAND TROWELS  
HAND FORKS  
TOY DIGGERS  
TOY DUMP TRUCKS  
MONSTER TRUCKS  
KNEELING PADS



### CONSTRUCTION/ DEN BUILDING



TARPAULINS  
WATERPROOF COVERINGS  
- I.E. OLD SHOWER CURTAINS  
BAMBOO CANES  
CUTTING  
CONES



### SHOW TIME



DRESSING UP CLOTHES - (ALL AGE GROUPS)  
MICROPHONE STANDS  
HATS  
CHEERLEADING STYLE POM POMS



### CREATIVE



WASHABLE PAINTS  
COLOURED PAPER  
COLOURED CARD  
CHUNKY CHALK PAVEMENT  
DRAWING  
CHALK PAINTS  
PAINT BRUSHES  
MINI PAINT ROLLERS

### SAND PIT

WE WOULD LIKE TO PUT IN A SANDPIT FOR THE CHILDREN. IF YOU ARE ABLE DONTATE ANY TIME TO BUILD THIS PLEASE LET THE SCHOOL OFFICE KNOW.

DONATION ITEMS  
BUCKETS/SPADES  
SAND MOULDS  
VEHICLES

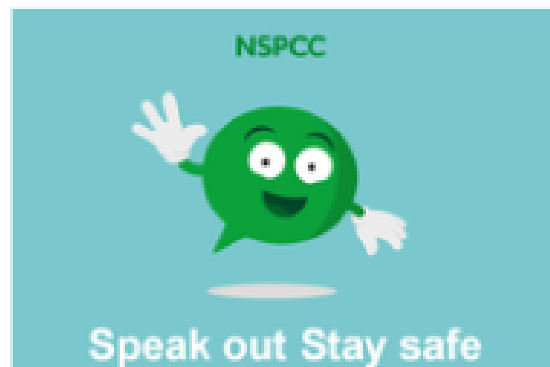


### OTHER ITEMS

WELLIES - VARIOUS SIZES  
STORAGE BOXES WITH WHEELS  
SUPERMARKET CRATES  
WOODEN PLANKS

**THANK YOU FOR YOUR  
CONTINUED SUPPORT**

# Safeguarding



In our assemblies on Wednesday this week, Miss Watts delivered the NSPCC Speak Out, Stay Safe assemblies.

The children were brilliant at sharing their ideas and listened carefully to the important messages that were presented using the NSPCC assembly videos.

In our Roots assembly, Years 1, 2 and 3, we spoke about hitting, hurting children's feelings, when privates are not private, not being looked after properly and bullying.

In our Branches assembly, Years 4, 5 and 6, we spoke about different types of abuse: neglect, physical abuse, emotional abuse, domestic abuse, sexual abuse and bullying.

In both assemblies we spoke about safe adults and shared our ideas for who our safe adults could be - teachers, staff in school, family members, adults in clubs we attend e.g. sports clubs and the police.

## Other Information

# Transfer to Secondary/ Upper 2027

Central  
Bedfordshire



The Vale Academy, Anastasia Schipor, AGE 10

Scan  
here to  
apply  
online



**Is your child due to start Secondary/  
Upper school in September 2027?**

**Then you need to apply for a school place by 31 October 2026.**

 **Apply online at** [www.centralbedfordshire.gov.uk/admissions](http://www.centralbedfordshire.gov.uk/admissions)

You can also complete a paper application form by downloading it from our website or by contacting  
School Admissions  [admissions@centralbedfordshire.gov.uk](mailto:admissions@centralbedfordshire.gov.uk)  0300 300 8000

**A great place to live and work.**

# Other Information



## Keeping Your Child in Mind - a new course to support parents

All parents, whether they live together or are separated, will experience disagreements; it is a normal part of living together or raising a family.

But ongoing and unresolved conflict can have a negative effect on children.

The new Keeping Your Child in Mind course will help parents:

- Understand how conflict in the family can impact children
- Find better ways to manage disagreements
- Discover how to talking openly, listening actively, and understanding others' feelings can make communication better
- Share their experiences with others

Developed by experts in child psychology, this course is grounded in the latest research, ensuring parents receive practical and proven support and advice.

**A great place to live and work.**

## An overview of the course

### Course details

Duration: 4 weeks, 1 session per week

When: visit our website for course dates

Where: at our children's centres

Invest in your child's future by investing in your parenting journey. To take part please contact your local children's centre.



Scan the QR code to find your local children's centre

### Week 1 Self Awareness

- The role of parents for children and young people
- Managing difficult feelings
- Nurturing ourselves

### Week 3 Boundaries and Positive Discipline

- Parenting styles
- Time to calm down
- Problem solving and negotiating

### Week 2 Appropriate Expectations

- Appropriate expectations
- Networks of support
- Communicating clearly

### Week 4 Empathy

- Choosing how to respond
- Reviewing tools and strategies



# Other Information

## Parenting Puzzle

Central Bedfordshire  
great prospects

Parenting isn't always easy, and it can sometimes feel like a puzzle. If you are a parent or carer of a child aged 2–11, join other local parents for **free** courses that make a real difference.

Build confidence, reduce stress, and connect with other parents and carers in your area.

“It helped me understand my children more, I wish I'd done it years ago.”



Two courses are available and run throughout the academic year:



### Four-week Workshop

Quick, practical sessions  
Focus on behaviour, boundaries and emotional wellbeing



### Ten-week Nurturing Programme

Deeper support for building positive relationships  
Learn strategies for discipline, self-care and communication



## An overview of the course



Scan the QR code to find your local children's centre

### Course details

Duration: 4 weeks, 1 session per week  
When: visit our website for course dates  
Where: at our children's centres

Invest in your child's future by investing in your parenting journey. To take part please contact your local children's centre.

### Week 1 Self Awareness

- The role of parents for children and young people
- Managing difficult feelings
- Nurturing ourselves

### Week 3 Boundaries and Positive Discipline

- Parenting styles
- Time to calm down
- Problem solving and negotiating

### Week 2 Appropriate Expectations

- Appropriate expectations
- Networks of support
- Communicating clearly

### Week 4 Empathy

- Choosing how to respond
- Reviewing tools and strategies



# Other Information

## Masking Awareness

FREE



FREE

**Free online talk for parents**  
**24 September 7pm - 8pm**

Book online  
[facefamilyadvice.co.uk](https://facefamilyadvice.co.uk)  
Parent - Live Talks page



[Book Free Talk Now](#)



### September Timetable

All regular sessions delivered live online via zoom, 90 minutes long

**£24 each or FREE with School Membership**

Book online at [facefamilyadvice.co.uk](https://facefamilyadvice.co.uk)

Recordings available for 48 hours

|                                   |                     |
|-----------------------------------|---------------------|
| Facing Defiance                   | 1 Sep 10am          |
| Cannabis & Ketamine Awareness     | 1 Sep 7pm           |
| Supporting Healthy Sleep          | 7 Sep 10am          |
| Raising Self-Esteem               | 7 Sep 7pm           |
| Introduction to OCD               | 8 Sep 10am          |
| Decreasing Depression             | 8 Sep 7pm           |
| What is ACT?                      | 14 Sep 10am         |
| Improving Family Communication    | 14 Sep 7pm          |
| Supporting a Child with ADHD      | 15 Sep 10am         |
| Understanding Addictive Behaviour | 15 Sep 7pm          |
| Understanding the Teenage Brain   | 21 Sep 10am         |
| Understanding Anger               | 21 Sep 7pm          |
| Autism: Improving Communication   | 22 Sep 10am         |
| Supporting Healthy Screen Use     | 22 Sep 7pm          |
| <b>FREE - Masking Awareness</b>   | <b>24 Sep 7-8pm</b> |
| Anxiety Explained                 | 28 Sep 10am         |
| School Anxiety                    | 28 Sep 7pm          |

[More info about Parent talks](#)

[info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)

# Other Information

## CHUMS YOUNG PEOPLE & PARENT/CARER WORKSHOPS

Our online workshops are designed as a starting point for families with children who have low level difficulties. These are one-off 2-hour sessions conducted virtually via Microsoft teams.

Please note these workshops do not support moderate/severe difficulties and will not address risky behaviours (self-harm, suicidal ideations).

### ANXIETY WORKSHOPS

#### Y1+ ANXIETY

10/9/26 @ 4PM - 6PM

(For young people aged 11+, parents also welcome to attend)

This single psychoeducation session explores emotional development in children, emotional regulation, and focuses on anxiety and anxiety management strategies.

#### PARENT ANXIETY

21/9/26 @ 9:30AM - 11:30AM

(For parents of young people aged 8 - 11 years old)

One-off workshop exploring emotional development in children, emotional regulation, psychoeducation around anxiety and anxiety management strategies.

### SLEEP WORKSHOPS

#### UNDER 12'S SLEEP

11/9/26 @ 9:30AM - 11:30AM

(For parents of young people aged 4 - 12 years old)

One-off workshop which focuses on why sleep is important, what is 'good' sleep, possible causes of sleep difficulties and learning strategies to overcome sleep problems.

#### OVER 12'S SLEEP

16/10/26 @ 3PM - 5PM

(For young people aged 13+, parents also welcome to attend)

One-off workshop which explores why sleep is important, what is 'good' sleep, sleep hygiene tips and strategies for managing worries at night.

### RESILIENCY WORKSHOP

6/10/26 @ 9:30AM - 11:30AM

(For parents of young people aged 8 - 11 years old)

This single session explores relevant child development including and provides psychoeducation on mental health vs mental health problems, emotional regulation, anxiety and low mood. You will leave with a greater understanding of your child's needs and armed with strategies to build their resilience.

### EXAM STRESS WORKSHOP

22/10/26 @ 4PM - 6PM

(For young people aged 13+ and parents)

One-off workshop which equips teenagers with an understanding of exam stress, strategies for managing exam stress, revision tips and self-care. The workshop also offers parental tips for supporting their adolescents exam stress.

### BEHAVIOUR WORKSHOP

9/11/26 @ 9:30AM - 11:30AM

(For parents of young people aged 8 - 11 years old)

A one-off workshop that covers the following topics: emotional development in children, emotional regulation, common behaviour difficulties and strategies to promote positive behaviours.

### SELF-ESTEEM WORKSHOPS

#### TEENAGE SELF-ESTEEM

26/11/26 @ 4PM - 6PM

(For young people aged 14+, parents also welcome to attend)

One-off workshop which equips teenagers with an understanding of self-esteem and tools to build confidence through thought challenging, relaxation and activities to celebrate strengths and successes. Workshop also offers parental tips for building self-esteem in adolescence.

#### PARENT SELF-ESTEEM

9/12/26 @ 9:30AM - 11:30AM

15/1/27 @ 9:30AM - 11:30AM

(For parents of young people aged 8 - 12 years old)

One off workshop which equips parents with an understanding of self-esteem and ways to promote high self-esteem through parenting style and collaborative activities to try at home with their young person.

To register for any of our workshops, please fill in the workshop referral form in the referral form section, state that the referral is for a workshop and include the workshop name/time/date required.

<https://chums.uk.com/emotional-wellbeing-services/>

## other Information

Become a  
Foster Carer  
with us



We provide:

- 24/7 support from qualified social workers
- professional training programme
- competitive financial allowance
- additional annual benefits & rewards



Call us to  
find out more  
**0800 408 4710**

Scan here:



Registered office: Threshing House, Hayfield Business Park,  
Berry Lane, Milton Keynes, MK17 8HS

## Other Information

# Alice Lucas SCHOOL OF DANCE

NEW  
STUDENTS  
WELCOME!



RAD ACCREDITED

ROYAL ACADEMY OF  
**DANCE**  
REGISTERED TEACHER



*Fabulous Fun*  
≧ for ≦  
*Feet, Fingers  
and Faces*

*Ballet and Jazz*  
≧ CLASSES ≦  
*from ages 3 plus*

♥ OVER 20 YEARS ♥  
EXPERIENCE

📍 BASED IN GAMLINGAY

✉ [alice@thebarre.com](mailto:alice@thebarre.com)

📘 Alice Lucas School of Dance

