

# Potton Primary School - EYFS to KS1 Curriculum Bridging Document



## Physical Education

Organisation of knowledge	Fundamentals	Ball skills	Games	Gymnastics	Dance	
<p><b>Relevant ELG</b></p>	<p><b>ELG: Gross motor skills</b></p> <ul style="list-style-type: none"> <li>- Negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>- Demonstrate strength, balance and coordination when playing</li> </ul> <p><b>ELG: Fine motor skills</b></p> <ul style="list-style-type: none"> <li>- Use a range of small tools, including scissors, paint brushes and cutlery</li> </ul> <p><b>ELG: Self-regulation</b></p> <ul style="list-style-type: none"> <li>- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate</li> </ul> <p><b>ELG: Managing self</b></p> <ul style="list-style-type: none"> <li>- Explain the reasons for rules, know right from wrong and try to behave accordingly</li> </ul> <p><b>ELG: Building relationships</b></p> <ul style="list-style-type: none"> <li>- Work and play cooperatively and take turns with others</li> </ul>			<p><b>ELG: Gross motor skills</b></p> <ul style="list-style-type: none"> <li>- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing</li> </ul> <p><b>ELG: Self-regulation</b></p> <ul style="list-style-type: none"> <li>- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate</li> </ul> <p><b>ELG: Building relationships</b></p> <ul style="list-style-type: none"> <li>- Work and play cooperatively and take turns with others</li> </ul>		
<p><b>KS1 readiness objectives</b></p>	<ul style="list-style-type: none"> <li>• To develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education.</li> <li>• To use their core muscle strength to achieve a good posture.</li> <li>• To confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group</li> </ul>	<ul style="list-style-type: none"> <li>• To combine different movements with ease and fluency.</li> <li>• To develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming.</li> <li>• To develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.</li> </ul>	<ul style="list-style-type: none"> <li>• To negotiate space and obstacles safely, with consideration for themselves and others.</li> <li>• To confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group</li> </ul>	<ul style="list-style-type: none"> <li>• To revise and refine a range of fundamental movement skills e.g. rolling, crawling, walking, jumping, running, hopping, skipping and climbing.</li> <li>• To combine different movements with ease and fluency.</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• To use a more fluent style of moving, developing control and grace.</li> <li>• To combine different movements with ease and fluency.</li> </ul>	